

PART IV-VALUE EDUCATION

PREAMBLE:

The Course Profile and the Syllabi of Courses offered in Semesters I, III, V (with Effect from 2021-2024Batch onwards) are presented in this Booklet.

Semester	Part	Category	Course code	Course Title	Contact Hrs	Credit
I	IV	Value Education	UGEV101	Values in Life	2	1
			UGEV104	Globalization and Values in Family Life	2	1
			UGEV105	Family Life Education	2	1
III	IV	Value Education	UESV301	Pollution and Its Management	2	1
			UESV304	Biodiversity	2	1
			UESV305	Environmental Issues And Human Health	2	1
			UESV306	Natural Resources and Conservation	2	1
			UESV307	Consumer Protection	2	1
			UESV308	Awareness On Anticorruption	2	1
			UESV309	Human Rights	2	1
			UESV310	Environmental Science	2	1
V	IV	Value Education	UESV311	Fundamental Rights in Indian Constitution	2	1
			UWSV501	Women and Education	2	1
			UWSV502	Women's Rights	2	1
			UWSV503	Domestic Violence Against Women	2	1
			UWSV504	Women and Health	2	1
			UWSV505	Cyber Security	2	1

VALUES IN LIFE
UGEV101

Semester : I
Category : Value Education
Class & Major : I UG

Credit :1
Hour /Week :2
Total Hour :26

Objectives

To enable the students

- Understand the Need and Importance of Value Education and Education for Human Values.
- Understand the Intervention Strategies for Moral Education and Conversion of Moral Learning into Moral Education.
- Understand the Nature of Values, Moral Values, and Moral Education and Differentiate such Values from Religious Education, Moral Training or Moral in Doctrinarian.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Need and Importance of Value Education & Education for Human Values.
- Identify the Intervention Strategies for Moral Education and Conversion of Moral Learning into Moral Education.
- Understand Social, Cultural, Ethical and Family Values and Cherishing the Values by Practice.

UNIT -I INTRODUCTION

5 Hour

Value Education– Definition – Relevance to present day – Concept of Human Values
Self Introspection – Self Esteem.

UNIT - IISOCIAL VALUES

5 Hour

Social values - Faith, Service and Secularism – Social sense and Commitment -
Students and Politics –Social Awareness.

UNIT – IIICULTURALVALUES

5 Hour

Cultural Values –Respect for Elders – Hospitality – Charity – Gentleness – Kindness
– Peace –Love – Non Violence – Appreciation of other Culture.

UNIT – IVETHICALVALUES

5 Hour

Ethical Values – Mass Media – Advertising Ethics – Professional Ethics –
Influence of Ethics on Family Life – Psychology of Youth – Leadership Qualities
– Personality Development.

UNIT - VFAMILY VALUES

6 Hour

Family Values – Components, Structures and Responsibility of Family – Status
of Women in Family and Society – The Analysis of Mind – Instinct and Habit –
General Ideas and thoughts – Truths and Falsehood.

Reference Books

- Anchukandam, T. Kuttianimathathil, J. (1995). *Grow Free Live Free*. Kristtu Jyoti Publications. Bangalore.
- Daniel. Selvamony. (1990). *Value Education Today*. (Madras Christian College. Tambaram & ALACHE). New Delhi.
- Mani Jacob. (2002). *Resource Book for Value Education*. Institute for Value Education, New Delhi.
- Scarf Peter. (2001). *Readings in Moral Education*. Minnipolis Press Inc.
- Wilson, J. Williams, N. Sugarman, B. (1967). *Introduction to Moral Education*. Penguin Books.

GLOBALIZATION AND VALUES IN FAMILY LIFE

UGEV104

Semester: I
Category: Value Education
Class & Major: I UG

Credit :1
Hour/Week:2
Total Hour :26

Objectives:

To enable the students

- Inculcate a Sound System of values with correct Priorities.
- Acquire the Skill Necessary to Transform into Complete Human.
- Develop a Good Personality in the Growing Adolescent.
- Provide Good Moral, Spiritual Code & Stable Relationship.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Sound System of Values with Correct Priorities.
- Acquire the Skill Necessary to Transfer into Complete Human.
- Develop Goal Personality to Preserve the Mental Health, Hygiene and Overall Family Values.

UNIT -I INTRODUCTION

5 Hour

Family Life: Definition of Family and Family Life - Types of Family Patterns - Indian Family - Social Functions of the Family - Family as a Custodian & Transmitter of Values - Reunite Families with their Origin.

UNIT-II RELATIONSHIPS & RESPONSIBILITY IN A FAMILY

5 Hour

Relationships & Responsibility in a Family:-Mothering - Fathering - Mother & Daughter Relationship - Warmth and Love Oriented Discipline - Adjustability in a Family - Caring for Needy Elders. Time Allotment and Sharing Ideas - Dutiful Parent Responsibility.

UNIT - III GLOBALIZATION AND ITS IMPACTS ON FAMILY:

5 Hour

Globalization and its Impacts on Family:-Mobility of Family - Joint Family - Nuclear Family - Divorce - Single Parent Family - Old Age Home - Crèche-Fission of Family Structure - Children affected by Urbanization and Nuclear Family.

UNIT - IV IMPACT OF GLOBALIZATION ON CULTURAL ACTIVITIES OF FAMILY

7 Hour

Impact of Globalization on Cultural Activities of Family:-The Process of Socialization - Cultural Diffusion - Cross Culture in Food - Festival and Dress - Life Style of Adolescent - Infatuation - Peer Groups - Love - Mental Health - Mental Hygiene - Mental Health Programme-Anxiety - Stress - Eustress - Distress.

UNIT - V RESPONSIBILITIES TO PRESERVE FAMILY VALUES

4 Hour

Responsibilities to Preserve Family Values: Teaching Children the Values of Responsibility - Mental Health and Hygiene - Healthy Management of Stress - Parent - Teacher Responsibility - Parent Responsibility towards Adolescent - Personality Development - Moral Education.

Reference Books

- Lakshminarayanan, K. R. & Umamageswari, M. *Value Education*. Nalnilam Publication. Chennai.
- Mascarenhas, M.M. *Natural Family Planning*. Bangalore.
- Marie Mignon Mascarenhas. *Family Life Education - Value Education*. MFCMRCP (Eng). DPH (Lond). FRIPHH (Engg).

FAMILY LIFE EDUCATION
UGEV105

Semester :I
Category :Value Education
Class & Major : I UG

Credit :1
Hour/Week :2
Total Hour :26

Objectives:

To enable the students

- Understand the Values of Family Life.
- Acquire the Skills Necessary to Develop and Maintain stable relationship.

Learning Objectives:

On completion of the course the student will be able to

- Understand the Values of Family Life.
- Accept the Difference in Changing Roles of Women.
- Acquire the Skills Necessary to Develop and Maintain Stable Relationship.

UNIT – I THE FAMILY

2 Hour

Definition of Family and Family Life – Need for Family - Importance of Family – Social Functions of Family – Types of Family – Changing trend(Positive and Negative approaches).

UNIT – II MARRIAGE

5 Hour

Definition -Types of Marriage – Love, Arranged, Arranged Love Marriages. Love and Infatuation Marriage – Purpose of Marriage – Need for Marital Preparation and Premarital Counseling. Dating, Courtship, Choosing the Life Partner, Premarital Intimacy.

UNIT – II CONJUGAL HARMONY

5 Hour

Husband and Wife Relationship: Difference between Men and Women. Accepting Difference, Mutual Understanding and Adjustment. Changing Roles of Husband and Wife – Multiple Role of Women in Present Day- Handling Conflicts in Marriage Life.

UNIT -IV REPRODUCTION

7 Hour

Definition – Determinants of Sexuality, Sex Education – Female Reproductive System – Male Reproductive System – Pregnancy and Birth – Family Planning – Child Care.

UNIT –V PROTECTION

7 Hour

Family Disorganization – Impact of Globalization on Family – Separation – Divorce, Deservation– Single Parent Family – Need to Protect our Self in Marriage – Pre Family Counseling Centers – Family Court – All Women’s Police Station.

Reference Books

- Betty, Carten. Mcg, Goldric. (2000). *The Changing Family Life Cycle – A Framework for Family Therapy*. II Edition.
- Marie, Masearentas. (1999). *Family Life Education. CREST -Center for Research Education Service Training for Family Life Promotion*. Bangalore.

POLLUTION AND ITS MANAGEMENT

UESV301

Semester :III

Category : Value Education

Class & Major : II UG

Credit :1

Hour/Week :2

Total Hour :26

Objectives:

To enable the students

- Become Pollution Conscious.
- Know How to Control the Pollution and Make them Analyze the Methods of Management of Waste in their Day to Day Life.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Need for Public Awareness and Methods to Propagate Environment Awareness.
- Become Pollution Conscious.
- Control Pollution and Make them Analyse the Methods of Management of Waste in their Day to Day Life.

UNIT-I INTRODUCTION TO ENVIRONMENTAL STUDIES

6 Hour

Definition- Scope- Importance and Need for Public Awareness and Methods to Propagate Environmental Awareness.

UNIT – II ENVIRONMENTAL POLLUTION

5 Hour

Causes- Deleterious Effects and Control Measures of Air Pollution- Water Pollution and Noise Pollution.

UNIT – III ENVIRONMENTAL POLLUTION

5 Hour

Causes- Deleterious Effects and Control Measures of Soil Pollution- Plastic Pollution Thermal and Nuclear Pollution- Role of an Individual in Prevention of Pollution.

UNIT – IV SOLID WASTE MANAGEMENT

5 Hour

Causes- Effects and Control Measures of Urban and Vermi Composting.

UNIT – V DISASTER MANAGEMENT

5 Hour

Floods- Earthquake- Cyclone and Landslides- Watershed Management and Rainwater Harvesting and Energy Conservation in Urban Areas.

References Books

- Kaushik & Kaushi. Perspectives in Environmental Studies. New Age International Publishers.
- Kalavathy, S. *Environmental Studies*. Bishop Heber College. Trichy.

BIODIVERSITY

UESV304

Semester :III

Category :ValueEducation

Class&Major : II UG

Credit :1

Hour/Week :2

Total Hour :26

Objectives:

To enable the students

- Know about Environmental Impact in the Society.
- Create the Awareness of Environmental Effect & Remedial Measures.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Components of Biodiversity and the Importance of Biodiversity in Daily Life.
- Take Remedial Measures to Safe Guard the Biodiversity.

UNIT-I INTRODUCTION

5 Hour

Definition- Biodiversity – Components of biodiversity – Genetic Species and Ecosystem Diversity - Evaluation and Genesis of Biodiversity – Biodiversity Crisis &Loss – Importance of Biodiversity in Daily Life - Biodiversity and Climate Change.

UNIT-II BIODIVERSITY IN INDIA

5 Hour

Levels of Biodiversity – Global, National & Local Levels - Biogeographical Classification of India- India as Mega Diversity Nation - “Hot-spots” and Biodiversity in India.

UNIT-III MODERN TOOLS IN THE STUDY OF BIODIVERSITY

5 Hour

Endemism, Endemic Plants and Animals - Assessment of Mapping of Biodiversity- GIS/ Remote Sensing – IUCN - Germ Plasm Banks - National Parks - Botanical Gardens - Wild Life Sanctuaries.

UNIT-IV THREATS TO BIODIVERSITY

5 Hour

Habitat Loss and Destruction - Poaching of Wildlife - Man-Wildlife Conflicts – Alterations in Ecosystem - Introduction of Exotic Species – Over Exploitation – Global Climate Change - Stages of Species in India.

UNIT-V VALUES AND CONSERVATION OF BIODIVERSITY

5 Hour

Values – Consumptive- Productive Use Values - Social Value - Ethical and Moral Values - Aesthetic Value – Option Values. Conservation – In-situ and Ex-situ Conservation - Community Participation in Conservation - Conservation of Wetlands - Medicinal Plants - Indian and International Conservation Strategies, Green India Mission.

Reference Books

- Asthana, D.K. Meera, Asthana. (2005). *Environment: Problems and Solutions*. S. Chand & Company. New Delhi.
- Benny Joseph. (2005). *Environmental Studies*. Tata McGraw – Hill, New Delhi.
- Sivakumar, M. Saravanan, R. June. (2006). *Principles of Environmental Science and Engineering*. Third Edition. Lakshmi Publications.
- Rajamannar. (2004). *Environmental Studies*. EVR College Publication. Trichy.
- Kalavathy, S. (ED.). (2004). *Environmental Studies*. Bishop Heber College Publication, Trichy.
- Ramesh Menon. June (2005). *Restoring in Endangered Biospecies*.

ENVIRONMENTAL ISSUES AND HUMAN HEALTH

UESV305

Semester : III
Category : Value Education
Class & Major : II UG

Credit : 1
Hour/Week : 2
Total Hour : 26

Objectives:

To enable the students

- Environment conscious.
- Understand the environmental issues and its impact on human health.
- Provide them with value based environmental education.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Need for Public Awareness and Methods to Propagate Environment Awareness.
- Identify the Environment Issues and its Impact on Human Health.
- Realize the role of Information Technology in Value Based Environmental Education.

UNIT – I INTRODUCTION TO ENVIRONMENTAL STUDIES

6 Hour

Definition – Scope- Importance and Need for Public Awareness and Methods to Propagate Environmental Awareness.

UNIT – II SOCIAL ISSUES AND ENVIRONMENT **5 Hour**

Resettlement and Rehabilitation Issues- Environmental Ethics- Issues and Possible Solutions.

UNIT – III DISASTER AND ENVIRONMENT **5 Hour**

Global Warming- Acid Rain- Ozone Depletion- Wasteland Reclamation- Consumerism and Waste Products. Role of Women and NGO's in Environmental Protection.

UNIT – IV HUMAN POPULATION AND WELFARE PROGRAMME **5 Hour**

Population Explosion- Family Welfare Programme- Environment and Human Health- Value Based Environmental Education.

UNIT – V HUMAN HEALTH AND ENVIRONMENT **5 Hour**

Effect of HIV / AIDS on Environment- Women and Child Welfare- Role of Information Technology in Environment and Human Health.

Reference Books

- Kaushik. Kaushik. Perspectives in Environmental Studies. New Age International Publishers.
- Kalavathy, S. *Environmental Studies*. Bishop Heber College. Trichy.
- Kumaraswamy, K. Alagappa Moses, K. Vasanthi, M. *Environmental Studies*. Bharathidasan University Publications.
- Rajamannar. *Environmental Studies*. EVR College Publications.

NATURAL RESOURCES AND CONSERVATION

UESV306

Semester :III

Category :Value Education

Class & Major :II UG

Credit :1

Hour/Week :2

Total Hour :26

Objectives:

To enable the students

- Know about the Types of Natural Resources.
- Become Natural Resources Conscious.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Concept of Renewable and Non-renewable Resources.
- Classify the Types of Natural Resources.
- Realize the Role of Individuals and NGO's in Sustainable Resource Utilization.

UNIT-I NATURAL RESOURCES **4 Hour**

Definition-Classification-Concept of Renewable and Non-Renewable Resources-Their Conservation and Importance.

UNIT- II ENERGY RESOURCES **6 Hour**

Non-Renewable and Conventional Energy Resources like Coal, Petroleum, Fuel Gases, - Renewable and Non-Conventional Energy Resources like Solar, Wind, Geothermal, Tidal and Wave Energy, Bio Mass- Biogas and Bio Diesel- Environmental impacts of Energy Exploitation- Energy Conservation.

UNIT- III WATER RESOURCES **6 Hour**

Water Resources on the Earth- Consumption and Uses of Water- Management and Conservation of Water Resources- Rain Water Harvesting- Conflicts Over Sharing Water.

Forest Resources and Bio Diversity- Importance of Forests and Bio Diversity- Types of Forest Resources- Overexploitation of Forests- Deforestation- Forest Management and Conservation- Conservation of Bio-Diversity.

UNIT-IV SOIL RESOURCES AND MINERAL RESOURCES 6 Hour

Importance – Classification of Soils – Soil Formation- Soil Profile-Soil Fertility- Major Types of Soils in India. Mineral Resources- Types and Importance of Minerals- Important Minerals of India- Mineral Extraction and Environmental Problems - Conservation of Mineral Resources- Reclamation of Mining Areas.

UNIT- V ROLE OF INDIVIDUALS AND NGOS IN RESOURCE CONSERVATION

4 Hour

Environmental Movements such as ‘Chipko’ Western ghat and Silent Valley- Narmada Project Agitation etc, - Role of Individuals and NGO’s-Sustainable Resource Utilization.

Reference Books

- Benny Joseph. (2005). *Environmental Studies*. Tata Mc Gram Hill Publishing Company Limited. New Delhi.
- Cunningham W.P. Cooper. Gorhani, T.H.(2001). *Environmental Encyclopedia*. Jaico Publication House Mumbai.
- Gilbert M. Masters. (2004). *Introduction to Environmental Engineering Science*. Pearson Education Pvt. Ltd. (2nd Ed.).

CONSUMER PROTECTION

USEV307

Semester :III

Credit :1

Category :Value Education

Hour/Week :2

Class & Major: II UG

Total Hour :26

Objectives:

To enable the students

- Gain awareness on Consumer Protection.
- Know about the Redressal Mechanism.
- Know about the Right and Responsibility of the Consumer.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Importance of Consumer and Objectives of Consumer Protection Act.
- Know the Rights and Responsibility of the Consumer.
- Realize the Consumer Redressal Mechanism in Practice.

UNIT -I INTRODUCTION 4 Hour

Consumer – Meaning – Definition - Importance of a Consumer - Consumer Behavior.

UNIT - II CONSUMER PROTECTION COUNCIL 5 Hour

Meaning of Consumer protection - Definition of the concept - Objectives of the Act- Consumer Protection Council.

UNIT -III ADULTERATION 5 Hour

Adulteration - How to Face the Problems with the Marketers - How to Approach the Court.

UNIT - IV SALE OF GOODS ACT 5 Hour

Sale of Goods - Formation of Contract - Conditions and Warranties - Rights of an Unpaid Seller.

UNIT - V CONSUMER REDRESSAL MECHANISM

7 Hour

Redressal Mechanism - Consumer Disputes Redressal Forms - State and National Consumer Disputes Redressal Commission.

Reference Books

- Kapoor, N.D. (2005). *Elements of Mercantile Law*. Sultan Chand And Sons. New Delhi.
- Kapoor, N.D. (2006). *Business Laws*. Sultan Chand And Sons. New Delhi.
- Matinchan, C.B. (2004). *Consumer Behavior*. Margham Publications. Chennai.
- Philip Kotler. (2005). *Marketing Management*. Himalaya Publications. New Delhi.
- Rajan Nair. (2006). *Marketing Management*. Sultan Chand and Sons. New Delhi.

AWARENESS ON ANTICORRUPTION

USEV308

Semester: III

Category: Value Education

Class & Major : II UG

Credit : 1

Hour/Week : 2

Total Hour :26

Objectives:

To enable the students

- Understand Evils of Corruption.
- Appreciate and Adopt Anti-Corruption Strategies.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the Factors Responsible for Corruption.
- Realize the Evils of Corruptions.
- Appreciate and Adopt Anti-Corruption Strategies with the Help of Role of Law.

UNIT -I CORRUPTION

6 Hour

Corruption: Definition-Etymology-Types: Governmental and Non-Governmental Services.

Corruption in India: Major Factors Responsible for Corruption.

UNIT - II CORRUPTION& SCAMS

5 Hour

Corruption Effects-Causes-Factors-Major Scams Identified in India: 2G Spectrum, Commonwealth Games, Telgi, Satyam, Bofors, Fodder, Hawala Scandal, IPL Scam, Stock Market Scams and others –Impact on Society.

UNIT -III ANTI-CORRUPTION

5 Hour

Anticorruption: Definition-Types: Petty and Grand-Organized and Unorganized - Types of anti-corruption programs : Rule of Law - Fiscal/Customs, Civil Society Programs, Financial Management and Other Programs.

UNIT - IV CORRUPTION ANDANTI-CORRUPTIONSTRATEGIES

5 Hour

Corruption and Anti-corruption Strategies: Introduction-Good Government and Governance, Corruption and Change, Issues in Dealing with Corruption, Choice of Strategy for Anti-Corruption- Measures to Control Corruption.

UNIT-V CORRUPTIONANDPUNISHMENT

5 Hour

Corruption and Types of Punishment: Introduction – Offences: Personation, Postal Vote, Candidate, Bribing, Treating- Non Criminal sanctions-Criminal Punishment.

Reference Books

- Seumas Miller. Peter Robert. Edward Spence. (1999). *Corruption and Anti-Corruption: An Applied Philosophical Approach*. First Edition. Frank Cross Publishers.
- Goran Klemen. Janez Stusek. (2000). *Specialised Anti-Corruption Institutions: Review of Models*. University of California Press. (1st Ed.).
- Susan Rose-Ackerman. (1999). *Corruption and Government – Causes, Consequences and Reform*. Published by the University of Cambridge. (1st Ed.).
- Kimberly Ann Elliot. (1997). *Corruption and Global Economy*. Published by Institute for International Economics.
- Seppo Tiihonen. (2003). *The History of Corruption in Central Government*. Published by IOS Press. (1st Ed.).
- Mark Robinson. (1998). *Corruption and Development*. First Edition. Frank Cass Publishers.
- Robert Klitgaard. (1998). *Controlling Corruption*. University of California Press. (1st Ed.).

HUMAN RIGHTS

USEV309

Semester : III
Category : Value Education
Class& Major : II UG

Credit : 1
Hour/Week : 2
Total Hour : 26

Objectives:

To enable the students

- Develop Awareness on how Human Right can be Translated into Social and Political Reality.
- Gain Knowledge about Constitutional Law.

Learning Outcomes:

On completion of the course the student will be able to

- Develop Awareness on Rights of Children, Women, Bonded Labour and Wages.
- Gain Knowledge about Constitutional Law.
- Realize the Directive Principle of State Policy and National Human Rights Commission.

UNIT –I INTRODUCTION

4 Hour

Definition of Human Rights – Nature – Scopes - Significance of HR- Historical Development of HR.

UNIT –II HR LAWS

6 Hour

Universal Declaration of International Covenant of HR-1948-The Protection of HR Lights Act 1993-Political Rights 1996- ICESR- International Covenant on Economical Social & Cultural Rights1996- Natural HR Commission.

UNIT –III CONTEMPORARY ISSUES

5 Hour

Contemporary Issues on Human Rights- Children right – Women’s Right- Bonded Labor &Wages.

UNIT – IV CONSTITUTIONAL LAW

6 Hour

Constitutional Law Vs Human Rights- Fundamental Rights- Globalization & Human Rights- The Right to Information Act2005 – Human Rights Perspective of Social Research.

UNIT – V NATIONAL HUMAN RIGHTS COMMISSION

5 Hour

Fundamental Rights in Indian Constitution – Directive Principles of State Policy- Fundamental Duties – National Human Rights Commission.

Reference Books

- International Bill of Human Rights. (1988). Amnesty International Publication.
- Human Rights. (1982). Questions and answer. UNESCO.
- Mausice Cranston. What are Human Rights.

WOMEN AND EDUCATION UWSV501

Semester	:V	Credit	: 1
Category	: Value Education	Hour/Week	: 2
Class& Major	: III UG	Total Hour	: 26

Objectives:

To enable the students

- Understand about the Need of Women's Education.
- Empower Themselves through Education.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the concept of Women's Empowerment.
- Maintain Work-Life Balance.
- Reorganize the Education System for Raising the Status of Women.

UNIT-I INTRODUCTION 2 Hour

Concept of Women Empowerment – Women's Empowerment in Today's World - Global Gender Gaps – Women's Rights - Women's Movements.

UNIT- II STATUS OF WOMEN 5 Hour

Ideological and Social Cultural Construction - Sex Ratio – Family Planning and Welfare Education - Health and Gender Bias – Work related Issues - Existing Prejudices - Gender Discrimination - Political Participation: Lack of Women's Representation.

UNIT- III SEXISM IN EDUCATION 5 Hour

Sexism in Education – Education is an Agent to Change the Sex Role Stereotyping – Gender Inequality in Education.

UNIT- IV EDUCATION OF WOMEN IN DEVELOPMENT 7 Hour

Approaches to Women's Education – Reorganizing and using the Education System for Raising the status of Women - Eradication of Literacy - Education for Achieving Quality of Life Equality Opportunity and Equity Creating Gender Sensitive Educational System.

UNIT-V ROLE OF WOMEN IN DEVELOPMENT 7 Hour

Women in Developing Countries with Special Reference to India - Famous Women Personalities in Different Sectors - Women in National Development - Leadership Qualities - Women in Decision Making.

References Books

- Agarwal, S.P. (2001). *Women's Education In India*. Guwahati. Eastern Book House.
- Gupta, N.L. (2001). *Women Education Through Ages*. Guwahati Eastern Book House.
- Narasimha Sakuntala. (1999). *Empowering Women*. New Delhi. Sage Publications.
- Singh, N.K. (1999). *Women Education*. New Delhi. Sage Publications.

WOMEN'S RIGHTS
UWSV502

Semester :V
Category : Value Education
Class & Major :III UG

Credit : 1
Hour/Week : 2
Total Hour :26

Objectives

To enable the students

- Understand about the Violence against Women.
- Gain Knowledge about the Women's Rights.

Learning Outcomes:

On completion of the course the student will be able to

- Understand the various Violence against Women.
- Gain Knowledge about the various Acts for the Cause of Women.
- Realize the Role of Women's Organization, Global Level Support for Women's Right and the Impact of CEDAW in India.

UNIT – I INTRODCUTION

3 Hour

Human Rights – Definition and Meaning – Introduction to Women Rights, Nature and Characteristics – Importance.

UNIT - II NEED FORWOMEN'S RIGHTS

6 Hour

Violence against Women-Variou Forms of Violence- Verbal Violence-Physical Violence Eve Teasing-Sexual Adherence-Child Abuse-Mental Torture.

UNIT-III FAMILY AND WOMEN'S RIGHTS

7 Hour

Rights to Education-Child Marriage Act – Domestic Violence Act- Family Court Act-Dowry Prohibition Act - Maintenance, Marriage, Divorce, Adaptation- Minority and Guardian Ship- Rights to Property.

UNIT- IV CAREER WOMEN AND RIGHT

4 Hour

Sanitation at Work Place - Sexual Harassment at Workplace-Maternity Benefit Act - Equal Benefits – Reservation Policy.

UNIT-V POLICIES AND PROGRAMMES

6 Hour

Government Policies and Programmes - Action for Ensuring Rights of Women - The National Commission for Women - Role of Women's Organization – Global Level Support for Women's Right-The Impact of CEDAW in India.

Reference books

- Das, P.K. (2007). *Universal Handbook on Protection of Women from Domestic Violence Act and Rules*. Universal Law Publishing Co. Pvt Ltd.
- Marjorie Agosin ed. (2005). *Women Gender and Human Rights. Global Perspective*. Rawal- Publication New Delhi.
- Mohini Chatterjee. (2004). *Feminism and Women's Human Rights-Vol.2*.Aavishkar Publication, Jaipur .
- www.pucl.org/topics/gender/2003-pucl Bulletin, July 2003. Aug 2004.

DOMESTIC VIOLENCE AGAINST WOMEN
UWSV503

Semester :V
Category : Value Education
Class & Major :III UG

Credit : 1
Hour/Week : 2
Total Hour :26

Objectives

To enable the students

- Understand the Domestic Violence against Women in family and Society.
- Know about Violence against Women in Media.
- Know about Prevention of Domestic Violence against Women.

Learning Outcomes

On completion of the course the student will be able to

- Understand the domestic violence against women in family & society.
- Identify the preventive programs against women's violence

UNIT – I INTRODUCTION

6 Hour

Discrimination at Different Stages - Fetus & Infancy – Childhood – Adolscence – Adult Marriage – Pregnancy – Motherhood and Old Age – Types of Harassment – Patriarchy.

UNIT – II TYPES OF VIOLENCE AGAINST WOMEN

6 Hour

Physical- Sexual- Emotional- Verbal- Economic- Causes to Effects – Causes of Domestic Violence-Female Infanticide in India -Domestic violence against Domestic help.

UNIT -III ACTS AGAINST DOMESTIC VIOLENCE

5 Hour

Advocacy on Behalf of Battered Women - Violence Against Women Act: Domestic Violence Act 2005 - Child marriage - Eve teasing - Sati - Dowry Prohibition Act.

UNIT - IV VIOLENCE IN MEDIA

5 Hour

Serials – Advertisement- Movies- Journals-News Paper– Magazines-Counseling Programs.

UNIT -V CONTINUING AND EMERGING ISSUES

5 Hour

Violence against Older Women - Violence against Women with Disabilities- Human Trafficking- Stalking - Violence against Women as Human Rights: NGO Activity- School based Education and Prevention Programs.

Reference Books

- Claire, M. Renzetti. Jeffrey, L. Edleson. Kennedy Bergen. (2011). *Source Book on Violence against Women*. Sage Publication. (2nd Ed.).
- Vera Anderson. (1997). *A Women Like You: The Face of Domestic Violence*. First edition. Sear Press.
- Whalen, B.J. (2010). *Justifiable Homicide: Battered Women Self Defense and the Law*. London Publication. (2nd Ed.).
- Roy, M.K. Ajay Varma. (2000). *Violence against Women*. Commonwealth Publication.
- Larva, M. Purdy. Wanda Teays. Stanley, G. French. (1998). *Violence against Women: Philosophical Perspective*. Cornell University Press. (1st Ed.).

WOMEN AND HEALTH

UWSV504

Semester :V
Category: Value Education
Class & Major :III UG

Credit :1
Hour/Week :2
Total Hour :26

Objectives:

To enable the students

- Know about the Physiology of Women.
- Realize the Role of Gender in Women's Health Issue.

Learning Outcomes:

On completion of the course the student will be able to

- Know about the Physiology of Women.
- Understand the Importance of Nutritional Diet and Post Pregnancy Care.
- Realize the Role of Gender in Women's Health Issue.

UNIT-I ANATOMY AND PHYSIOLOGY OF WOMEN 4 Hour

Review of Genitor – Urinary System of Female Organs- Structure Physiology – Internal and External Organs of Reproduction.

UNIT-II PUBERTY 6 Hour

Need of Knowledge of Menstruation- Menstrual Symptoms- How to Handle Menstruation Problem- Menstrual Disorders – Importance of Maintaining the Good Personal Hygiene - Misbelieves.

UNIT – III PREGNANCY CARE 7 Hour

Motherhood as a Fulfilling Experience - Stages of Pregnancy – Need of Regular Check Up – Nutritional Diet – Post Pregnancy Care.

UNIT- IV COMMON HEALTH PROBLEM AND HEALTH CARE 5 Hour

Lack of Nutritional Diet and Diseases - Anemic- Irregular Menstrual Cycle – Thyroid Problem - Ovarian and Cervical Cancer- Breast Cancer – Fibroid – Importance of Exercises.

UNIT - V HEALTH AND GENDER 4 Hour

Health as a Gender Issue – Illiteracy – Rural, Urban Education and its Role in Women Health – Infant Mortality Rate (IMR) – Nutritional Disorders between Men and Women – Gender Bias and Family Planning.

Reference Books

- Aryasadhana. (2000). *Women, Gender Equity and the State*. Deep and Deep Publications. New Delhi.
- Behraman, J. Deoalikal, A. (2002). *Health and Nutrition Handbook of Development Economics*. North Hooland. Amsterdam.
- Diana M. Fraser.(2004). *Myles Text Book for Midwives*. Churchill Livingtance.

SOFT SKILLS

PREAMBLE

Course Profile and Syllabi for Soft Skills offered to under Graduate Students is presented in this Booklet. This comes into Effect from 2021 – 2024 Batch onwards.

UG - COURSE PROFILE FOR SOFT SKILLS

Semester	Part	Course code	Course title	Contact Hour/Week	Credit
IV	IV	USKS401	Life Coping Skills	2	1
		USKS402	Personality Development	2	1
VI	IV	USKS601	Career Skills	2	1
		USKS602	Job Skills	2	1

LIFE COPING SKILLS

USKS 401

Semester : IV
Category : Soft Skills
Class : II UG

Credit : 1
Hour/Week: 2
Total Hour : 26

Objectives:

To enable the students

- Cope with Depression.
- Develop Ability to Cope with Anger and Fear.
- Develop Confidence.

Learning Outcomes:

On completion of this course the student will be able to

- Understand causes of Depression and ways to Overcome Depression.
- Identify the Different kinds of Fear and ways to Overcome Fear.
- Identify the Causes and Sources of Stress .

UNIT - I COPING WITH DEPRESSION

6 Hour

Definition – Symptoms – Causes of depression – Impact of depression – How to Overcome Depression and Regain a Positive Outlook.

Exercise:

- Students to depict depression and its evil reflect on human personality.
- Group discussion to find out ways to confront with depression.

Reference:www.effexorxr.com

www.iugm.qc.ca

UNIT - II COPING WITH FEAR

5 Hour

Definition –Kinds of Fear – Handling Fear – Coping with Fear – Ways to Overcome fear- Tips to Cope with Fear.

Exercise: Students to prepare list of current life situation that regret fear.

Reference :www.counsellingzone.com

Swami Sukhabodhanandha, *Oh, Mind Relax Please!*, Author House, 2005.

UNIT - III COPING WITH ANGER

5 Hour

Introduction – Is Anger Good or Bad? – Ways of Determining Your Anger Responses – Consequences of Anger – 13 Steps towards Anger Management – Five Ways to Handle Anger.

Exercise: Students to identify five ways to handle anger.

Reference: Les Carter. Frank B. Minirth. (1998). *The Anger Work Book*. T. Nelson.

UNIT - IV COPING WITH FAILURE& CRITICISM

5 Hour

Introduction – Positive Attitude towards Failure – Winners Vs Looser – Coping with Failure – Definition of Criticisms – Types of Criticism – Our Response to Criticism – Coping with Criticism – Self Criticism.

Exercise:

- Brainstorming session to identify the reason for the failure.
- To identify attitude of students towards failure.
- Exercise on response to criticism by others.

Reference: Chandru Gidwani. (2001). *Ten Secrets to a Balanced Successful and Happy Life*. Mumbai. Better Yourself Book.

UNIT - V STRESSMANAGEMENT

5 Hour

Definition – Kinds of Stress – Types of Stress – Causes of Stress – Sources of Stress – Response to Stress – Control Negative Stress – How to Manage Stress – Ten Commandments for Management Stress.

Exercise:

- Students to Identify Stress, they are undergoing Currently.
- To Identify Stressful Situations and Responses to Situation.

Reference: Les Carter. Frank B. Minirth, (1998). *The Anger Work Book*. T. Nelson.

EVALUATION COMPONENTS

1.	Poster Presentation	-	20Marks
2.	Chart Presentation-		20Marks
3.	Oral Presentation-		20Marks
4.	Ideas in Brainstorming-		20Marks
5.	Group Discussion-		20 Marks

Total

100Marks

PERSONALITY DEVELOPMENT

USKS402

Semester :IV
Category :Soft Skills
Class : II UG

Credit: 1
Hour/Week : 2
Total Hour: 26

Objectives:

To enable the students

- Achieve Self Actualization.
- Create Self Acceptance and Positive Attitude.
- Develop Decision Making Skill.

Learning Outcomes:

On completion of this course the student will be able to

- Understand the concept of Self Esteem and Self Acceptance.
- Know to Turn Negative Thinking Patterns into Positive.
- Realize the Importance of Goal setting and Decision Making Skills.

UNIT -I SELF

5 Hour

Self Esteem, Self Acceptance, Johari Window Exercise: Expressing Feelings about Self.

Reference: Shiv Kera. (1998). *You Can Win*. MacMillan India Ltd. New Delhi.

Dr.Mani Jacob. (2002). *Resource Book for Value Education*. Institute of Value Education.

UNIT – II POSITIVE THINKING

5 Hour

Definition – Characteristics of Good Personality - Power of Positive Thinking – Learn to Turn Negative Thinking Patterns.

Exercise: Story of Positive Thinking.

Reference: Shiv Kera. (1998). *You Can Win*. MacMillan India Ltd. New Delhi.

Arindam Chaudhuri. (2001). *Count Your Chickens before they Hatch*. Vikas Publishing House Ltd. New Delhi.

UNIT - III MOTIVATION AND SELF ACTUALISATION

6 Hour

Meaning – Motivation Leads to Self Actualization – Difference between Inspiration and Motivation – Needs of Motivation to Demotivation.

Exercise: Case Studies of Achievers in Great Leaders to Examine their Motives.

Reference: Shiv Kera. (1998). *You Can Win*. MacMillan India Ltd. New Delhi.

Dr.Mani Jacob. (2002). *Resource Book for Value Education*. Institute of Value Education.

UNIT – IV GOAL SETTING

5 Hour

Definition – Focus on the Goals – Importance – Dreams and Goals – Obstacles to set Goals – Types of Goals – Scrutinize your Goals – Goals must be Balanced.

Exercise: Each Group gets Ball and a Bucket or Box. Each one of the Group takes a Turn and Tries to Throw the Ball into the Bucket from the Distance of 5 meter.

Reference: Shiv Kera. (1998). *You Can Win*. MacMillan India Ltd. New Delhi.

Dr.Mani Jacob. (2002). *Resource Book for Value Education*. Institute of Value Education.

UNIT – V DECISION-MAKING SKILLS

5 Hour

Introduction – Decision Making Process – ‘5 Cs’ of Decision Making.

Exercise: Students could be Asked to be in Groups of Six and go through the Process of Decision making by giving them Matter for Decision Making.

Reference: Shiv Kera. (1998). *You Can Win*. MacMillan India Ltd. New Delhi.
Alanbarker. (1996). *How to be a Better Decision Maker*. Kogan Page. India Pvt Ltd. New Delhi.

EVALUATION COMPONENTS

SWOT Analysis of Self (Chart)	20 Marks
Need Hierarchy Self (Chart)	20 Marks
Oral Presentation (of Self Mission, Goals)	20 Marks
Group Discussion	20 Marks
In Basket Method	20 Marks

Total 100 Marks

CAREER SKILLS

USKS601

Semester : VI

Category : Soft Skills

Class : III UG

Credit : 1

Hour/Week : 2

Total Hour : 26

Objectives:

To enable the students

- Develop Leadership Skill.
- Plan for Future Career.
- Develop the Qualities to Work as Team.

Learning outcomes:

On completion of this course the student will be able to

- Understand the Attributes for a Good Leader.
- Develops the Qualities to Work as Team.
- Understand the various Sources of Career Placement for Choosing a Career.

UNIT –I LEADERSHIP

5 Hour

Meaning – Traits of Leadership - Leaders Vs Managers - Attributes for a Good Leader
Exercise: To Conduct Role Play of each Style of Leadership.

Reference:

- Hariharan, S. Sundararajan, S. Shanmughapriya, S.P. (2010). *Soft Skills*. MJP Publishers. Chennai.

UNIT – II TEAM BUILDING

6 Hour

Group Dynamics and Group Behavior – Morale - Interpersonal Relationship – Conflict – Grievances Procedure.

Exercise: To Conduct Team Work for Analyses their Contribution of the Task.

Reference:

- Hariharan, S. Sundararajan, S. Shanmughapriya, S.P. (2010). *Soft Skills*. MJP Publishers. Chennai.
- Aswathappa. *Organizational Behavior*. Tata McGraw Hill Publication. New Delhi.

UNIT – III OFFICE CORRESPONDENCE

4 Hour

Lay out of the Business Letters – Memos – Circular – Agenda – Minutes.

Exercise: To Give Situation of Business Proposals for Preparing Letter.

Reference: Rajendra Paul. Korlahalli. (1999). *Business Communication*. Sultan Chand. New Delhi.

UNIT – IV CAREER GUIDANCE

6 Hour

Meaning – Definition – Principles of Career Guidance – Objectives – Components.

Exercise: The Faculty should Introduce to the Students Magazines like Competition Success and Career Digest and Ask the Students to go through them and Find out how they Help them in choosing a Career.

Reference:

- Dr. Xavier Alphonse, S. (1999). *Change or be Changed*. Sultan Chand. New Delhi.

UNIT – V CAREER PLANNING

5 Hour

Introduction – Four Step Process – Sources of Career Placements – Choosing a Career

Exercise: The Faculty should Introduce to the Students Magazines like Competition Success and Career Digest and Ask the Students to go through them and find out how they Help them in choosing a Career.

Reference: Hariharan, S. Sundararajan, S. Shanmughapriya, S.P. (2010). *Soft Skills*. MJP Publishers. Chennai.

EVALUATION COMPONENTS

Role Play	20 Marks
Group Discussion	20 Marks
Writing Business Letters	20 Marks
Log Book Preparation	20 Marks
Poster Presentation	20 Marks
Total	100 Marks

JOB SKILLS

USKS602

Semester : VI
Category : Soft Skills
Class : III UG

Credit : 1
Hour/Week : 2
Total Hour : 26

Objectives:

To enable the students

- Prepare Resumes.
- Face Interviews.
- Participate in Group Discussion.

Learning outcomes:

On completion of this course the student will be able to

- Develop Skills to Prepare Resumes.
- Know the Principle of Psychological Testing.
- Enhance Qualities to Participate in Group Discussion and Face Interview.

UNIT - I C.V / RESUME WRITING SKILLS

5 Hour

Writing of C.V, Memos, e-mail Writing

Exercise:

- To Prepare Resume.
- To Write Covering Letters for Different Situation.

Reference: Rajendra Paul. Korlahalli. (1999). *Business Communication*. Sultan Chand. New Delhi.

UNIT – II APTITUDE TEST **6 Hour**

Meaning – Types of Test – Principles of Psychological Testing – Applications – Issues - Psychometric Properties – Thematic Apperception Test, Rorschach Inkblot Test.

Exercise: Psychological Testing to Identify Individual Differences.

Reference: Robert, M. Kaplan. Dennis, P. Saccuzzo. (1993). *Psychological Testing*. Books / Cole Publishing Company.

UNIT - III INTERVIEW TECHNIQUES– I **5 Hour**

Preparing for Interview, Facing Interviews, Types of Interview

Exercise : Mock Interview.

Reference : Hariharan, S. Sundararajan, S. Shanmughapriya, S.P. (2010). *Soft Skills*. MJP Publishers. Chennai.

UNIT - IV INTERVIEW TECHNIQUES– II **6 Hour**

Bargaining, Mock Interview, Do's and Don'ts of Interview

Exercise: Mock Interview.

Reference: Hariharan, S. Sundararajan, S. Shanmughapriya, S.P. (2010). *Soft Skills*. MJP Publishers. Chennai.

UNIT - V GROUP DISCUSSION **4 Hour**

Introduction – Different Kinds of GD Topics – Outcome of GD – Structure of GD – How To Prepare for GD – Successful GD Techniques - Do's and Don'ts of GD.

Exercise: To segregate the Students as each Group and give the Topic Spontaneously and Test to the Soft Skills of Students.

Reference: Hariharan, S. Sundararajan, S. Shanmughapriya, S.P. (2010). *Soft Skills*. MJP Publishers. Chennai.

EVALUATION COMPONENTS

1. Resume Writing	- 20 Marks
2. Memo Writing	- 20 Marks
3. Projective Test	- 20 Marks
4. Mock Interview	- 20 Marks
5. Group Discussion	- 20 Marks
Total	- 100 Marks